



REDWOOD PSYCHOLOGICAL ASSOCIATION

A CHAPTER OF THE CALIFORNIA STATE PSYCHOLOGICAL ASSOCIATION

P.O. Box 15209 • Santa Rosa, CA 95402

www.redwoodpsych.org

RPA DIALOG

April 2006 (Volume 13, #2)

CEU PRESENTATIONS CONTINUE

April 24th Laura Doty, Ph.D., will be speaking about D.W. Winnicott's "Squiggle Game, A Clinical Tool in Child Therapy and Assessment." We'll learn how this game provides an opportunity for the therapist to meet a child in a minimally intrusive, yet supportive way. This method provides information about the child's comfort with the realm of the imagination. As Winnicott put it, its aim is "to reach to the child's ease and so to his fantasy and so to his dream." In this brief overview, participants will learn how to introduce and play this game with children. Several case examples will be presented and discussed.

July 10th Mark your calendars for an eye-opening presentation on Eating Disorders by Doris Smeltzer, MA. Smeltzer has presented on the topic at universities, conferences and organizations across the nation and Canada. In July she will have just returned from a stint in Barcelona, Spain with the Worldwide Partners of the International Academy on Eating Disorders as well as promotion of her newly released book, "Andrea's Voice: Silenced by Bulimia." You will be surprised at what you learn!

September's presentation is in the works. The date will be announced in the next newsletter.

These noon presentations are \$25 for 1 unit of CEU credit (\$35 for nonmembers) and free to those who don't want credit. Bring your lunch, learn something new, and meet your fellow RPA members.

RPA SOCIAL EVENT, MAY 10TH

Mark your calendars! Fabiani's (75 Montgomery Drive) at 6:00pm, May 10th. Come for the great appetizers and complimentary wine, and get to know your colleagues. No-host dinner follows for those who want to continue their conversations.

Welcome to our new RPA members

Peter Dunlap Richard Giovannoli

Richard Olcese

President: Carol Weser, PhD (707-526-2288)
Vice-President: Milton E. Harris, PhD (707-579-3140)
Past-President: Michael Pinkston, PhD (707-575-7230)
Secretary: Tesa Carlsen, PhD (707-996-8222)
Treasurer: Victor Howard, PhD (707-539-6355)
CPA Chapter Representative: Michael Pinkston, PhD (707-575-7230)
Newsletter Editor: Tesa Carlsen, PhD (707-996-8222)

PRESIDENT'S MESSAGE

I've been to my first CPA convention, March 24-26 and was pleasantly surprised at the high quality of the presentations. With the exception of one, I gave them all top ratings and actually learned much. So, I am split on the idea of our being able to do most of our CEU requirements on line. It is easier, but there is just something about live presentations that cannot be matched by the "canned" material.

From your responses to our own Ethics presentation by Steve Frankel on March 11, I think most of you agree. Many said that he was the most refreshing of the ethics presenters we've had, and that they want him back in two years. RPA's next CEU presentation is Monday April 24th, noon, on D.W. Winnicott's Squiggle Game for use with children, at the First Methodist Church on Montgomery Drive, noon -1:30.

Not so educational, but probably much more fun is our wine/appetizer/networking get together on Wednesday May 10, 6 PM at Fabiani's, also on Montgomery drive.

Now if it would only stop raining.



RPA LIST SERVE

All members are welcome to join the list serve. Becoming a member of the list serve community means hearing and/or becoming involved in clinical discussions, offering and receiving suggestions for referrals, hearing information about Medicare billing, and CPT codes. It's a way to learn what other members are doing, and hear about relevant websites. It's a way to list offices for rent, and to offer information on workshops and events that may be of interest to others. Periodically, there are messages from Carol, RPA's president, Lea, our web mistress, and others on the executive board. It's a happenin' place. Check it out.

Joining is easy. Go to www.groups.google.com. It will take you to the Google groups page. Hit "Join" next to New Users, then follow the instructions. If you have any problems signing up, contact the list serve administrator, Milt Harris (miltonharris@sbcglobal.net). He'll answer questions you may have and will be happy to assist those of you who are new to list serves.

**RPA ETHICS COMMITTEE OFFERS
CONSULTATION**

For consultation regarding ethical issues in your practice, you can contact RPA ethics committee members:

Bill McCausland (546-5742) - Jan/Feb

Jeff Kahn (546-4349) - Mar/Apr

Michael Pinkston (575-7230) - May/June

Ann Strack (762-6216) -July/Aug

**APA Presidential Task Force on Psychological Ethics and National Security (PENS)
Call for Questions and Comments**

(Call for comments extended through June 30, 2006)

The Board of Directors voted to establish and fund an APA Presidential Task Force to explore the ethical role of psychologists in national security-related investigations (PENS Task Force). The Task Force met in June and shortly thereafter issued a report (see link below). The PENS Task Force report contains twelve statements that govern the involvement of psychologists in national security-related activities. In addition, the PENS Task Force made ten recommendations that were reviewed by the Board of Directors and the Council of Representatives in August 2005.

One recommendation of the PENS Task Force, endorsed by Council at its August meeting, concerns writing a casebook/commentary with illustrative examples, to demonstrate how the Report's twelve statements are to be interpreted and applied in practice.

The purpose of this communication is to encourage all interested individuals and groups to submit questions or comments regarding the Task Force Report to APA, so that the PENS Task Force in collaboration with the APA Ethics Committee can be fully informed about questions and areas of uncertainty, in order that the Committee and the Task Force may together write a casebook/commentary that provides as much direction and is as helpful as possible.

The question/comment period will be through June 30, 2006. Please submit your questions/comments on the PENS Task Force report by email, to PENS@apa.org, or by post to: APA Ethics Office; Attn: PENS; 750 First Street, NE; Washington, DC, 20002-4242.

The PENS Report can be found at: <http://www.apa.org/releases/PENSTaskForceReportFinal.pdf>

APA Seeks Comments on Child Custody Guidelines

The Committee on Professional Practice and Standards (COPPS), a committee of the Board of Professional Affairs, is in the process of reviewing and revising the Guidelines for Child Custody Evaluations in Divorce Proceedings adopted as APA policy in 1994 (American Psychologist, 49(7), 677-680). COPPS requests input from the membership regarding this revision. The current version of the document on which COPPS is seeking feedback can be found at:

<http://www.apa.org/practice/childcustody.html>
The Guidelines for Child Custody Evaluations in Divorce Proceedings are intended for use by psychologists conducting child custody evaluation, specifically within the context of a parental divorce. These guidelines are designed to educate psychologists and provide a framework for making decisions regarding child custody. The current guidelines are based upon the previous version of the APA Ethical Principles of Psychologists and Code of Conduct (APA,1992).

<http://www.apa.org/ethics/code2002.html>;
Comments are solicited regarding the overarching thrust of the guidelines and each specific guideline. Where a new guideline is proposed, it is requested that the proposal include suggested wording. Please address any suggested addition, deletion, or rewording of existing guidelines by referring to the guideline number (1 through 16) or, when a new guideline is suggested, as "New Guideline." Please respond with comments by May 5, 2006. 1) Current Guidelines:

<http://www.apa.org/practice/childcustody.html>
<<http://www.apa.org/practice/childcustody.html>
> Comment Form and Instructions:
<http://forms.apa.org/practice/childcustody/index.cfm>



MESSAGE FROM THE WEBMISTRESS -- *Lea Goode-Harris, Ph.D.*

e-mail: goode-harris@sbcglobal.net

This is the time of year when I update our RPA website member directory and referral of services, adding new members, making current member changes, and I will soon be deleting members who have not renewed. You might want to take this opportunity to do a few things.

One: Have you ever "Googled" your name and seen what comes up? It is quite interesting to do so. Open your Google search engine (or another engine, such as Yahoo) and type in your name along with Redwood Psychological Association. It would look like this (with your name where mine is!): lea goode-harris redwood psychological association. This should take you to a google page with a link for your name and the RPA membership directory and referral for services page. Go to our membership page and please check your information and make sure it is accurate and what you want available to the public.

Two: If you don't want to google your name, or have any trouble locating the link via the search engine Google, then use this link: <http://www.redwoodpsych.org/rpalst.html> This will take you right to our membership directory and referral for services page. Again, please check your information and make sure it is accurate and what you want available to the public!

Three: If you haven't done so already, please send me your 25 word blurb! It may seem daunting, or one of those things you'll finally get around to... but it is really quite easy, especially if you use the ones already submitted as a template. And, when you see how easily your name pops up on Google, you will see what a resource our membership page can be for people looking for a therapist or for referrals, as well as specific populations and issues that our membership offers.

**Red Cross Needs Volunteers
Submitted by Richard Zimmer, Ph.D**

There are opportunities for psychologists to work on disaster relief, both locally and elsewhere. RPA has a memorandum of understanding with the American Red Cross. They continually offer workshops. If you are interested please contact Dr. Russ Beale who is their volunteer coordinator. His e-mail is rbeale6@comcast.net. His phone number at the Red Cross is 577-7628, x108. He would like to know whether you want to work on local major and/or minor disasters, with children and schools, or be sent to other major disasters.

You must be trained by them in order to work for them. There is an upcoming workshop, their initial one, April 29th at ARC, 5297 Auero Drive,

SR, 95403. That is Red Cross headquarters. It goes from 9-5. You can get 6.5 CEU's. The fee is \$20. Register at 577-7603 or dsaa@sonomacounty.redcross.org.

If you are interested, you should do this as soon as possible. The Red Cross can be found by getting off the Fulton Rd exit off 101, and keep turning right till you reach AERO drive.

Please let me know at arzimmer@earthlink.net if you are interested as well and in what area. I would like to get a meeting together for our Disaster Network. We can also use the list serve and newsletter to discuss practical, political, and ethical issues involved in the process.

Ads and Announcements

Events

READING AND BOOK SIGNING Doris Smeltzer, MCP, will be sharing her experiences and reading from her book, *Andrea's Voice...Silenced by Bulimia*, at Sonoma's Reader's Books, East Napa Street, Sonoma, May 23rd, 7:30 PM. This powerful evening will offer an honest, unabashed look into the issues that contributed to the development of her 19-year-old daughter's eating disorder and her tragic death after just one year of bulimic behaviors. This book goes beyond memoir...Dr. Margo Maine, author of *Father Hunger*, states, "All professionals dealing with eating disorders need to read this book. It gives a window on the individual and family experience that can only expand our effectiveness as clinicians."

Office Space

TIME OFFICE SPACE to share in large fully furnished office. Waterfall Towers, 2455 Bennett Valley Road, Santa Rosa. For information, call Keith Bridges, 546-5327.

OFFICE SPACE FOR RENT Full-service psychotherapy office space available at the Erickson Institute, in the Spring Creek Medical Plaza, 1144 Sonoma avenue. We are in the heart of the Santa Rosa medical district. All offices have a lovely view of the Santa Rosa Creek. Rent includes utilities, phone, voice mail box, use of office equipment (fax, copier, computer, typewriter) and staff lounge. Join a collegial group of therapists. Call Joe Persinger, Ph.D. at 526-7720 ex. 325

LARGE VIEW OFFICE in quiet, well appointed suite available full time. Suite-mates are two psychologists and one psychiatrist. Waterfall Towers, 2455 Bennett Valley Road, Santa Rosa. \$733 monthly rent includes full service except phone. Office includes separate walk-in closet for desk/files. Suite includes refrigerator, microwave, fax machine, copy machine, comfortable waiting room, ample parking, and broadband option. The suite is exceptionally quiet with specially constructed walls and doors as well as separate egress. For information contact Keith Bridges at 546-5327 or Cynthia Ferrera at 525-9067.

SMALL OFFICE in building with other professionals. Available on full time basis. Especially good for body worker as it has small kitchenette. Great location in downtown Sonoma (454 West Napa Street). Easy access, good parking, very pleasant environment. Rent = \$425.00/mo. Contact Jerry Silver, Ph.D. @ 938-0226. PART-

PSYCHOTHERAPY OFFICES available part-time, convenient downtown Santa Rosa location, free parking, pleasant waiting room, also includes phone, fax, DSL, copy machine, 3/4 time receptionist. Wheelchair accessible, single story, professional building with large windows. Full day (\$110 per day of week/month) and half-day (\$60 per half-day of week/month) times available in two offices (13 by 14 or 13 by 17). For details 707-579-9457 Mon-Wed 8:30 - 2:30 Thurs 8:30 - 4:30 or info@AndrewLeeds.net

Employment Opportunities

Primary Care Behavioral Health Clinician Petaluma Health Center (PHC) is looking for a licensed clinical psychologist with experience providing behavioral health services in a primary care medical clinic. Bilingual preferred (Spanish/English), trained/experienced in the bio-psycho-social model of treatment, behavioral medicine and psychopharmacology.

Trained/experienced LCSWs and/or registered psychologist certification may be considered. Will train an intern PsyD/PhD, LCSW, or MFT if bilingual.

Job Description:

30-40 hrs/week.

- Provide direct, brief, solution focused interventions for a wide range of psychological diagnoses, acute stress conditions and emotional aspects of medical conditions or diagnoses.
- Provide ongoing training to primary care medical providers in both organized training sessions and "curbside" consultations.
- Provide professional research and outcome services for the IBH program.
- Provide individual psychotherapy to PHC patients.
- Engage in the further development of the integrated behavioral health program at PHC.

Fax cover letter and CV to Dr. Scott Wylie
@ 559-7540

Seeking Internships

I am interested in finding an internship that would further develop my skills as a practitioner using hypnosis, expressive arts media and sand tray with children and families. I have a keen interest in working with children and families dealing with the aftermath of shame. Over the last six years, I have worked in an alcohol and drug facility using a cognitive behavioral approach to recovery. My dissertation focused on how unmasking shame and understanding the relationships between attachment, addiction and trauma help empower the survivor. Contact Janet Hack, Psy.D. at 707 548 8853, or email hackpsyd@sonic.net.

Announcement

Dr. Ilene Serlin, PhD ADTR, releases DVD/
Videotapes

1. Dance Movement Therapy for Women with Breast Cancer. 11-minute educational tape, taped during the course of a 12-week support group. Interviews with Dr. Serlin, group participants and leading experts on breast cancer.
2. Conversation with Laura Perls: This conversation between Dr. Serlin and Laura gives a balanced perspective to the history of Gestalt by showing Laura's feminine approach that emphasizes support and the arts.

Dr. Serlin studied with Laura Perls and taught at the New York Gestalt Institute from 1973 to 1978. She was with Laura Perls in Pforzheim, Germany, when she died.

To order:
www.starfishpartners.com/provider/profile/products.php?providerUid=451

FROM THE EDITOR'S DESK -- Tesa Carlsen, PhD.

The next newsletter will be out in June. Announcements and ads can be sent to me via email at Tesahc@sbcglobal.net or call me at 996-8222. If you want an ad repeated, let me know that also. Please put "RPA Newsletter" or "newsletter ad" in the subject line so I can catch it easily even if my Mac doesn't recognize your email address and sends it to Junk mail. Both ads and announcements are free for RPA members and cost \$25 for nonmembers.

CALENDAR of EVENTS

CEU Presentations

April 24th D.W. Winnicotts Squiggle Game. Method for working with children

Presentation by Laura Doty, Ph.D.

July 10th Eating Disorders

Doris Smeltzer, MA, speaker at the International Academy on Eating Disorders in Spain

September date to be announced

(In the works, " Internal Family Systems Therapy")

Social Event

Fabiani's May 10th

Check out www.redwoodpsych.org



Redwood Psychological Association

P.O.Box 15209

Santa Rosa, CA

95402